

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-family: cursive;">September 2023</h1> <p style="font-size: 1.2em;">Eagle Harbor</p>						
<p><i>Morning</i> 3 Church Service Spelling <i>Afternoon</i> Hand and Nail Care Bucket Bonanza <i>Evening</i> The Seven Year Itch</p>	<p><i>Morning</i> 4 Chair Dance Price Is Right <i>Afternoon</i> Group Up Kick Ball <i>Evening</i> Household Helpers</p> <p style="text-align: center; font-size: 0.8em;">Labor Day</p>	<p><i>Morning</i> 5 Upper Body Strengthening Opposites <i>Afternoon</i> Bingo Balloon Ball <i>Evening</i> One Minute Massages</p>	<p><i>Morning</i> 6 Balance Exercises Piggy Bankers <i>Afternoon</i> Grandparents Day Coloring Patriotic Songs <i>Evening</i> Chats with Friends</p>	<p><i>Morning</i> 7 Upper Body Strengthening Easy Trivia <i>Afternoon</i> Garden Club Bean Bag Toss <i>Evening</i> Gilligan's Island</p>	<p><i>Morning</i> 8 Balance Exercises Current Events <i>Afternoon</i> Dog Treats Denise the Menace <i>Evening</i> Wheel of Fortune</p>	<p><i>Morning</i> 9 Morning Stretches Travel: Paris <i>Afternoon</i> Creative Colors Shooting Hoops <i>Evening</i> Lawrence Welk</p>
<p><i>Morning</i> 10 Church Service Grandparents Wisdom <i>Afternoon</i> Hand and Nail Care Bowling <i>Evening</i> West Side Story</p> <p style="text-align: center; font-size: 0.8em;">Grandparents Day</p>	<p><i>Morning</i> 11 Silver Sneakers Roll and Rhyme <i>Afternoon</i> Book Nook Twister <i>Evening</i> Sort It Out</p>	<p><i>Morning</i> 12 Upper Body Strengthening Resident Council Cranium Crunches <i>Afternoon</i> Scenic Drive Bible Study <i>Evening</i> Hand Massages</p>	<p><i>Morning</i> 13 Balance Exercises Puzzles <i>Afternoon</i> Outburst Color Songs <i>Evening</i> Chats with Friends</p>	<p><i>Morning</i> 14 Upper Body Strengthening Travelogue <i>Afternoon</i> Milano Bruschetta Pompom Exercise <i>Evening</i> Suddenly Last Summer</p>	<p><i>Morning</i> 15 Balance Exercises Current Events <i>Afternoon</i> Dot Art Shooting Hoops <i>Evening</i> Jeopardy</p> <p style="text-align: center; font-size: 0.8em;">Rosh Hashanah Begins</p>	<p><i>Morning</i> 16 Morning Stretches Travel: Athens <i>Afternoon</i> Vitamin D Hour Volleyball <i>Evening</i> Lawrence Welk Happy Birthday Judie!!!</p> <p style="text-align: center; font-size: 0.8em;">Oktoberfest Begins</p>
<p><i>Morning</i> 17 Church Service Common Sayings <i>Afternoon</i> Hand and Nail Care Knitball Toss <i>Evening</i> That Hamilton Woman</p>	<p><i>Morning</i> 18 Cardio with Meredith Wooden Shoe <i>Afternoon</i> Book Nook Ring Toss <i>Evening</i> Crafts of Sort</p>	<p><i>Morning</i> 19 Upper Body Strengthening Lifelong Learning: Fashion <i>Afternoon</i> Knittervention Bible Study <i>Evening</i> One Minute Massages</p>	<p><i>Morning</i> 20 Balance Exercises Mathematical Minds <i>Afternoon</i> Music with Mary Button Tree <i>Evening</i> Chats with Friends</p>	<p><i>Morning</i> 21 Upper Body Strengthening State Game <i>Afternoon</i> Garden Club Horseshoes <i>Evening</i> The Talk of the Town</p>	<p><i>Morning</i> 22 Balance Exercises Current Events <i>Afternoon</i> Oktoberfest Social Brat Toss <i>Evening</i> Wheel of Fortune</p>	<p><i>Morning</i> 23 Mindful Movement Sharp Dressed Man Quiz <i>Afternoon</i> Music Bingo Kickball <i>Evening</i> Lawrence Welk</p> <p style="text-align: center; font-size: 0.8em;">Autumn Begins</p>
<p><i>Morning</i> 24 Church Service Crosswords <i>Afternoon</i> Hand and Nail Care Basketball <i>Evening</i> The Crowded Day</p> <p style="text-align: center; font-size: 0.8em;">Yom Kippur Begins</p>	<p><i>Morning</i> 25 HAS Fit Exercise Who, What, Where? <i>Afternoon</i> Book Nook Bean Bag Toss <i>Evening</i> Household Helpers</p>	<p><i>Morning</i> 26 Upper Body Strengthening A to Z <i>Afternoon</i> Apple Biscuit Pie Bible Study <i>Evening</i> Hand Massages Happy Birthday Jack!!!</p>	<p><i>Morning</i> 27 Balance Exercises Family Trees <i>Afternoon</i> Rita's Custard Songs From Childhood <i>Evening</i> Chats with Friends</p>	<p><i>Morning</i> 28 Upper Body Strengthening Stupid Questions <i>Afternoon</i> Yarn Wrapped Apples Ping Pong Basketball <i>Evening</i> Pal Joey</p>	<p><i>Morning</i> 29 Balance Exercises Current Events <i>Afternoon</i> Card Sharks Noodle Ball <i>Evening</i> Jeopardy</p> <p style="text-align: center; font-size: 0.8em;">Sukkot Begins</p>	<p><i>Morning</i> 30 Morning Stretches Travel: Milan <i>Afternoon</i> Puzzles Bubble Gum Blowing Contest <i>Evening</i> Lawrence Welk</p>