

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<p><i>Morning</i> 1 Silver Sneakers Flower Scavenger Hunt <i>Afternoon</i> Lei Making Kate Smith <i>Evening</i> Crafts of Sorts</p> <p><small>May Day</small></p>	<p><i>Morning</i> 2 Balance Exercises Can You Picture This? <i>Afternoon</i> Oreo Truffles Lucy Show <i>Evening</i> Hand Massages</p>	<p><i>Morning</i> 3 Upper Body Strengthening Cranium Crunches <i>Afternoon</i> Tulip Tours Chair Polka <i>Evening</i> Chats with Friends</p>	<p><i>Morning</i> 4 Aerobics Trivia Tidbits <i>Afternoon</i> Squeegee Painting Bean Bag Toss <i>Evening</i> Roman Holiday</p>	<p><i>Morning</i> 5 Chair Zumba Logic Puzzles <i>Afternoon</i> Cinco de Mayo Social Garden Club <i>Evening</i> Wheel of Fortune</p> <p><small>Cinco de Mayo</small></p>	<p><i>Morning</i> 6 Sit and Be Fit Tea Time <i>Afternoon</i> Bingo Noodle Ball <i>Evening</i> Lawrence Welk</p>	
<p><i>Morning</i> 7 Church Service Opposites <i>Afternoon</i> Hand and Nail Care Volleyball <i>Evening</i> A League of Their Own</p>	<p><i>Morning</i> 8 Arthritis Exercise Jeopardy Trivia <i>Afternoon</i> Boterkoek PBS Nature <i>Evening</i> Sort It Out</p>	<p><i>Morning</i> 9 Balance Exercises Resident Council Junk Drawer Detectives <i>Afternoon</i> Garden Club Thank You Banner <i>Evening</i> 1 Minute Massages</p>	<p><i>Morning</i> 10 Upper Body Strengthening Who, What, Where? <i>Afternoon</i> Birthday Party Paul Harvey <i>Evening</i> Chats with Friends</p>	<p><i>Morning</i> 11 Aerobics Tulip Time Trivia <i>Afternoon</i> Kinderparade Book Nook <i>Evening</i> Psycho</p>	<p><i>Morning</i> 12 Balance Boogie Current Events <i>Afternoon</i> Corsage Making Dick VanDyke <i>Evening</i> Jeopardy</p>	<p><i>Morning</i> 13 Express Toning Random Trivia <i>Afternoon</i> Volksparade Balloon Ball <i>Evening</i> Lawrence Welk</p>	
<p><i>Morning</i> 14 Church Service All About Moms <i>Afternoon</i> Hand and Nail Care Shooting Hoops <i>Evening</i> Some Like It Hot</p> <p><small>Mother's Day National Skilled Nursing Week</small></p>	<p><i>Morning</i> 15 Cardio with Meredith Which Soundtrack <i>Afternoon</i> Garden Club Ladder Ball <i>Evening</i> Household Helpers</p>	<p><i>Morning</i> 16 Balance Exercises Name a Dozen <i>Afternoon</i> Book Nook Neighbor Day Social <i>Evening</i> Hand Massages</p>	<p><i>Morning</i> 17 Upper Body Strengthening Lifelong Learning: Horses <i>Afternoon</i> Dairy Dayz Sing-a-Long <i>Evening</i> Chats with Friends</p>	<p><i>Morning</i> 18 Aerobics Puzzles <i>Afternoon</i> Rick Hardy Pick-a-Stick Exercise <i>Evening</i> Mr. Smith Goes to Washington</p>	<p><i>Morning</i> 19 Music and Movement Current Events <i>Afternoon</i> Honey Bunches of Oats Peanut Butter Bars Donna Reed <i>Evening</i> Wheel of Fortune</p>	<p><i>Morning</i> 20 Sit and Be Fit Talk Derby to Me <i>Afternoon</i> Photo Finish: Cherries Golf <i>Evening</i> Lawrence Welk</p> <p><small>Armed Forces Day</small></p>	
<p><i>Morning</i> 21 Church Service Name All 50 <i>Afternoon</i> Hand and Nail Care Bean Bag Toss <i>Evening</i> Inherit the Wind</p>	<p><i>Morning</i> 22 Chair Cardio Armchair Travels <i>Afternoon</i> Garden Club Never Have I Ever <i>Evening</i> Crafts of Sorts</p> <p><small>Victoria Day (Canada)</small></p>	<p><i>Morning</i> 23 Balance Exercises Alphabet Categories <i>Afternoon</i> Book Nook Ping Pong Basketball <i>Evening</i> 1 Minute Massages</p>	<p><i>Morning</i> 24 Upper Body Strengthening Remember Graduation <i>Afternoon</i> Funny Photo Shoot Kickball <i>Evening</i> Chats with Friends</p>	<p><i>Morning</i> 25 Aerobics Russ' <i>Afternoon</i> Lilac Painting Vitamin D Hour <i>Evening</i> Jeopardy</p> <p><small>Shavuot Begins</small></p>	<p><i>Morning</i> 26 Popular Music Chair Exercise Current Events <i>Afternoon</i> Cherry Kiss Cake Andy Griffith <i>Evening</i> Big Jake</p>	<p><i>Morning</i> 27 Express Toning Finish the Lyrics <i>Afternoon</i> Garden Club Paddle Ball <i>Evening</i> Lawrence Welk</p>	
<p><i>Morning</i> 28 Church Service Words That Start w/ M <i>Afternoon</i> Hand and Nail Care Balloon Ball <i>Evening</i> God's Little Acre</p>	<p><i>Morning</i> 29 Dance Through Decades Memorial Day Trivia <i>Afternoon</i> Creative Colors Lawrence Welk <i>Evening</i> Sort It Out</p> <p><small>Memorial Day</small></p>	<p><i>Morning</i> 30 Balance Exercises Crossword Puzzles <i>Afternoon</i> Book Nook Mint Julep Social <i>Evening</i> Hand Massages</p>	<p><i>Morning</i> 31 Upper Body Strengthening Last to First <i>Afternoon</i> Scenic Drive Ring Toss <i>Evening</i> Chats with Friends</p>	 <p>May 2023 Eagle Harbor</p>			