

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <i>Morning</i> 1 Church Service Words That Start With F <i>Afternoon</i> Hand and Nail Care Twister <i>Evening</i> Some Like It Hot <small>Shavuot Begins</small> | <i>Morning</i> 2 Cardio & Action Drive It, Drink It, Dig It <i>Afternoon</i> Dandelion Art Book Nook <i>Evening</i> Household Helpers | <i>Morning</i> 3 Upper Body Strengthening China Inn <i>Afternoon</i> Summer Wreath Ping Pong Basketball <i>Evening</i> Hand Massages Happy Birthday Carole F.!!! | <i>Morning</i> 4 Balance Exercises Do You Hear What I Hear? <i>Afternoon</i> SingFit Bible Study <i>Evening</i> Chats with Friends | <i>Morning</i> 5 Upper Body Strengthening Finish the Phrase <i>Afternoon</i> Tai Ji with Chris Garden Club <i>Evening</i> Perry Mason Happy Birthday Richard!!! | <i>Morning</i> 6 Balance Exercises Current Events <i>Afternoon</i> Donut Day Paddle Ball <i>Evening</i> Family Feud | <i>Morning</i> 7 HAS Fit Exercise Useless Information <i>Afternoon</i> Yahtzee Horseshoes <i>Evening</i> Lawrence Welk |
| <i>Morning</i> 8 Church Service Word Mining <i>Afternoon</i> Hand and Nail Care Shooting Hoops <i>Evening</i> A Street Car Named Desire | <i>Morning</i> 9 Whole Brain Health Resident Council Cranium Crunches <i>Afternoon</i> SingFit Book Nook <i>Evening</i> Sort It Out | <i>Morning</i> 10 Upper Body Strengthening Lifelong Learning <i>Afternoon</i> Dairy Dayz Balloon Ball <i>Evening</i> 1 Minute Massages | <i>Morning</i> 11 Balance Exercises Travel the Great Lakes <i>Afternoon</i> Birthday Party Bible Study <i>Evening</i> Chats with Friends | <i>Morning</i> 12 Upper Body Strengthening Food Quiz <i>Afternoon</i> Peanut Butter Cookies Golf <i>Evening</i> South Pacific | <i>Morning</i> 13 Balance Exercises Current Events <i>Afternoon</i> Garden Club Bean Bag Toss <i>Evening</i> Domino Masters | <i>Morning</i> 14 Morning Stretches Easy Trivia <i>Afternoon</i> Flower Arranging Ring Toss <i>Evening</i> Lawrence Welk <small>Flag Day (U.S.)</small> |
| <i>Morning</i> 15 Church Service Fatherly Wit and Wisdom <i>Afternoon</i> Donuts and Dads Noodle Ball <i>Evening</i> Clam Bake <small>Father's Day</small> | <i>Morning</i> 16 Sliding Feet Weekly Word Games <i>Afternoon</i> Fudge Book Nook <i>Evening</i> Crafts of Sorts | <i>Morning</i> 17 Upper Body Strengthening Riddles <i>Afternoon</i> SingFit Knitball Toss <i>Evening</i> Hand Massages | <i>Morning</i> 18 Balance Exercises Name That Instrument <i>Afternoon</i> Scenic Drive Bible Study <i>Evening</i> Chats with Friends | <i>Morning</i> 19 Upper Body Strengthening Jeopardy Trivia <i>Afternoon</i> Card Sharks Kickball <i>Evening</i> National Velvet <small>Juneteenth</small> | <i>Morning</i> 20 Balance Exercises Current Events <i>Afternoon</i> Garden Club Paddle Ball <i>Evening</i> Jeopardy Masters <small>Summer Begins</small> | <i>Morning</i> 21 HAS Fit Exercises Words That Start w/ W <i>Afternoon</i> Racko Bucket Bonanza <i>Evening</i> Lawrence Welk |
| <i>Morning</i> 22 Church Service What Do You Know? <i>Afternoon</i> Hand and Nail Care Bowling <i>Evening</i> Mr. Smith Goes To Washington | <i>Morning</i> 23 Tai Chi Travelogue <i>Afternoon</i> Black Forest Cake Book Nook <i>Evening</i> Household Helpers | <i>Morning</i> 24 Upper Body Strengthening Creative Writing <i>Afternoon</i> SingFit Bible Study <i>Evening</i> 1 Minute Massages | <i>Morning</i> 25 Balance Exercises Where In The World? <i>Afternoon</i> Watercolors Shooting Hoops <i>Evening</i> Chats with Friends | <i>Morning</i> 26 Upper Body Strengthening Picnic @ Kollen Park <i>Afternoon</i> Who, What, Where? Kick N Toss <i>Evening</i> The Apartment | <i>Morning</i> 27 Balance Exercises Current Events <i>Afternoon</i> Garden Club Bomb Pops <i>Evening</i> Johnny Carson | <i>Morning</i> 28 Morning Movement Piggy Bankers <i>Afternoon</i> SingFit Noodle Ball <i>Evening</i> Lawrence Welk |
| <i>Morning</i> 29 Church Service Name That Sound <i>Afternoon</i> Hand and Nail Care Volleyball <i>Evening</i> Oklahoma | <i>Morning</i> 30 Leg Strengthening Crosswords <i>Afternoon</i> Card Sharks Book Nook <i>Evening</i> Sort It Out |  | | | | |