

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 July 2026 Eagle Harbor			Morning 1 Balance Exercises Travel the Great Lakes Afternoon Garden Club Knitball Toss Evening Chats with Friends Canada Day	Morning 2 Upper Body Strengthening Red or Blue? Afternoon Chocolate Éclair Cups Ring Toss Evening Andy Hardy's Private Secretary	Morning 3 Balance Exercises Find the Fakes Afternoon Movie and Popcorn Bucket Bonanza Evening Jeopardy	Morning 4 Mindful Movement State Shapes Afternoon Creative Colors Noodle Ball Evening Lawrence Welk Independence Day (U.S.)
Morning 5 Church Service Semiquincentennial Trivia Afternoon Hand and Nail Care Bowling Evening The First American Happy Birthday Beverly!!!	Morning 6 Whole Brain Health Canada or USA Afternoon Book Nook Paddle Ball Evening Sort It Out	Morning 7 Upper Body Strengthening Lifelong Learning Afternoon SingFit Popsicles on the Patio Evening Hand Massages	Morning 8 Balance Exercises Resident Council Travel Kansas Afternoon Birthday Party Ping Pong Basketball Evening Chats with Friends	Morning 9 Upper Body Strengthening Hear Ye, Hear Ye Afternoon County Fair in the Backyard Musical Moments Evening The Food that Built America	Morning 10 Balance Exercises Current Events Afternoon Garden Club Ladder Ball Evening Wheel of Fortune	Morning 11 Morning Stretch Life of a Porcupine Afternoon SingFit Shooting Hoops Evening Lawrence Welk
Morning 12 Church Service Words That Start With U Afternoon Hand and Nail Care Horseshoes Evening Over America	Morning 13 Chair Zumba Founding Fathers Afternoon Book Nook Volleyball Evening Household Helpers	Morning 14 Upper Body Strengthening Travelogue Afternoon Apple Pandowdy Bean Bag Toss Evening 1 Minute Massages Bastille Day	Morning 15 Balance Exercises Travel New Jersey Afternoon Dairy Dayz Beverly Hillbillies Evening Chats with Friends	Morning 16 Upper Body Strengthening Who, What , Where? Afternoon Tai Ji with Chris Hula Hoop Toss Evening West Side Story	Morning 17 Balance Exercises Current Events Afternoon Garden Club Puzzles Evening Jeopardy	Morning 18 Mindful Movement Easy Trivia Afternoon Yahtzee Kickball Evening Lawrence Welk
Morning 19 Church Service Words That Start With S Afternoon Hand and Nail Care Knitball Toss Evening Adam's Rib	Morning 20 Shibashi Jeopardy Trivia Afternoon Book Nook Ring Toss Evening Crafts of Sorts	Morning 21 Upper Body Strengthening DeBoer Bakkerij Afternoon SingFit Bucket Bonanza Evening Hand Massages	Morning 22 Balance Exercises Travel Cleveland, Ohio Afternoon Barn Quilt Noodle Ball Evening Chats with Friends	Morning 23 Upper Body Strengthening Roll and Rhyme Afternoon Sprinkle Cookie Decorating Ping Pong Basketball Evening Pennies From Heaven	Morning 24 Balance Exercises Current Events Afternoon Garden Club Paddle Ball Evening Wheel Fortune	Morning 25 Morning Stretch Words That Start With A Afternoon Pick-up Sticks Bowling Evening Lawrence Welk
Morning 26 Church Service Opposites Afternoon Hand and Nail Care Shooting Hoops Evening Frankie and Johnny	Morning 27 Belly Dancing Which War Was It Afternoon Book Nook Horseshoes Evening Sort It Out	Morning 28 Upper Body Strengthening Reminisce Afternoon SingFit Bean Bag Toss Evening 1 Minute Massages	Morning 29 Balance Exercises Travel Kauai, Hawaii Afternoon Lemon Raspberry Balls Volleyball Evening Chat with Friends	Morning 30 Upper Body Strengthening Picnic at Dutton Park Afternoon Mosaics Kick and Toss Evening Damn Yankees	Morning 31 Balance Exercises Current Events Afternoon Music with Al Mahan Garden Club Ladder Ball Evening Jeopardy	