Morning **HAS Fit Exercises** February 2025 Easy Trivia Afternoon Racko Bowling Evening Lawrence Welk **Eagle Harbor** Morning Morning Morning Morning Morning Morning Morning 8 **Church Service** Seated Legs & Core Upper Body Strengthening **Balance Exercises** Upper Body Strengthening **Balance Exercises** Morning Stretches Well Grounded Reader's Digest Travelogue MASH Candy Finish the Line **Current Events** Not Like the Others Afternoon Afternoon Afternoon Afternoon Afternoon Afternoon Afternoon Edible Groundhog **Holland Museum** Chebab Pancakes **Snow Sculpting** Tai Ji with Chris SingFit Watercolor Painting Balloon Ball **Book Nook Puzzles Bubble Gum Blowing Contest** Ping Pong Basketball Sing-a-long Happy Hour Evening Evening Evening **Evening** Evening Evening Evening His Girl Friday Sort It Out Chats with Friends The Notorious Lady Beatles 64 Music By John Williams 1 Minute Massages Groundhog Day 15 Morning Morning 11 12 Morning 13 Morning 14 Morning Morning 10 Morning Upper Body Strengthening **Balance Exercises HAS Fit Exercises Church Service** Movement with Meredith Upper Body Strengthening **Balance Exercises** New Orleans Knowledge Resident Council Family Feud Vintage Service Stations Vee's Grill Couples Lunch Who. What. Where? **Cranium Crunches** Afternoon Afternoon Afternoon Afternoon Afternoon Afternoon Hand and Nail Care Afternoon SingFit Birthday Party Valentine String Art Valentine Social Yahtzee Bean Bag Toss Frozen Plum Pudding Noodle Ball **Current Events** Ring Toss Bible Study Walking club Evening **Book Nook** Evening Evening Evening Evening Evening Chats with Friends Super Bowl Evenina Hand Massages The Seven Year Itch Jeopardy Lawrence Welk **Crafts of Sorts** Tu B'Shevat Begins Valentine's Day Morning Morning Morning 18 Morning Morning 20 Morning 21 Morning 22 16 17 19 **Church Service** Fit and Factual Upper Body Strengthening **Balance Exercises** Upper Body Strengthening **Balance Exercises** Morning Movement Jeopardy Trivia Presidential Trivia Wheel of Fortune Do You Hear What I Hear? First Lady Facts **Current Events** Would You Rather? Afternoon Afternoon Afternoon Afternoon Afternoon Afternoon Afternoon Hand and Nail Care **Scenic Drive** Chinese New Year Snake SingFit Cooking In A Mug **Humane Society Toys** Card Bingo Basketball Walking Club Parachute **Book Nook** Hymn Sing Twister Paddle Ball Evenina Evening **Evening Evening Evening** Evening Evening Damn Yankees Household Helpers Chats with Friends The Talk of the Town Wheel of Fortune Lawrence Welk 1 Minute Massages Happy Birthday Bob H.!!! Presidents' Day (U.S.) 23 Morning 24 Morning 25 26 Morning 27 28 Morning Morning Morning **Church Service** Chair Disco Upper Body Strengthening **Balance Exercises Upper Body Strengthening Balance Exercises** Riddles Grimm Fairytales Who Sang It? **National Parks Good News Current Events** Afternoon Afternoon Afternoon Afternoon Afternoon Afternoon Hand and Nail Care Hot Cocoa Melts Culver's Tissue Paper Painting SingFit Knittervention **Book Nook** Kick and Toss Walking Club Happy Hour Horseshoes **Ball Toss** Evening Evening Evening Evening Evening Evening The Solid Gold Cadillac Sort It Out Hand Massages Chat with Friends Walk Don't Run Jeopardy Ramadan Begins

Wednesday

Thursday

Friday

Saturday

Freedom Village of Holland, 145 Columbia Ave. Suite 1, Holland, MI 49423

Monday

Tuesday

Sunday